

Unicamp Kit List

A checklist of things you might want to bring to camp. It outlines the recommended clothing for one week. Please put your child's name or initials on all things brought to camp. *Please do not send expensive or sentimental clothing/items to camp.*



Essentials

- bed sheet
- bedding/sleeping bag
- pillow and pillow case
- t-shirts (x6)
- sweaters/sweatshirts (x2)
- long sleeved shirts (x1-2)
- long pants (x2)
- shorts (x3)
- underwear (x6-10)
- socks (x6-10)
- sunscreen (recommended spf 25+ and waterproof)
- insect repellent (one with DEET- Health Canada recommends 10% or less for children under 12)—mosquitos are attracted to darker, more intense colours so make sure you send light colours to wear especially during dusk and dawn
- pajamas (x2-3)
- swim suit- waterfront fun
- towel (x2)
- shower items (shampoo, conditioner, soap)
- toiletries (toothbrush, toothpaste, floss)
- laundry bag
- rain boots- to splash in puddles on rainy days
- running shoes- games on the common
- flip-flops for the shower
- hat- to keep cool during quidditch
- water bottle-hydration
- prescriptions and instructions in a labeled and re-sealable zip lock bag (to be left with camp nurse/first aid provider)

Optional Items

- Sturdy shoes- for caving
- extra blankets
- pre addressed envelopes and stamps- to share what you're doing with friends and family
- camera- to capture memories
- book/magazines- to share during quiet time
- magnifying glass- to get up close and personal with our critters
- white clothing- tie dye
- notebook/journal- to record your findings
- flashlight and extra batteries- for cave exploring and night time
- swimming goggles- to see in the pond
- Please Note:* if your child has something relating to the theme of the week at camp- posters, props, dress up clothes etc.- please bring them to share and make sure that they are labeled properly

Don't Forget

- \$10.00 in cash per week if you didn't pay this with your registration fee

Things NOT to Bring to Camp

- Food, Snacks, or Pop- Nutritious snacks are served to all campers 3 times per day. If something is sent, we will hold it until your child leaves. Please contact us concerning any allergies or dietary needs well in advance of your arrival date.
- Electronics such as cellphones, hand-held video devices, iPads, etc..These items will interfere with some children's willingness to participate in programmed activities. Any brought to camp will be confiscated and returned when your child leaves